

Using Sound and Crystals for Lasting Change

- Learn The Science & Techniques of Vibrational Medicine
- This is a live, in person, experiential workshop in San Diego County.
- Two full days and one evening with 3 workshop dates to choose from in 2025. Feb 28- Mar 2, June 20-22, Sep 19-21.
- You'll understand how to use sound, geometry, and crystals within the emerging new paradigm of Consciousness Based Medicine,
- Discover a broader understanding of the harmonic, trans-dimensional nature of reality, and most importantly: the practical application of this wisdom to create more harmonious states of being for yourself and others.
- Each of the 8 learning module contains an experiential component to connect more deeply with the material through practical application. It also includes two lectures on deeper understandings of the material and time to play and explore many instruments and a variety of crystals.
- The event takes place at a custom designed, EMF shielded, sound-proof room, containing 40", 50", and **two** 80" Paiste gongs, dozens of Tibetan bowls, my custom designed Cosmic Transducer, a variety of other professional sacred instruments, a Vogel Crystal table, and lots of interesting crystals.
- It is a weekend that will change your view of the world and empower you to resonate more harmoniously with it.



One evening & 2 full days
Lunch included

Feb 28- Mar 2
June 20-22
Sep 19-21

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Friday

- 7:00-9ish PM **Sound, Crystals, Water, & Sacred Geometry: Revealing the Mystery of Consciousness.** An hour presentation followed by questions and workshop details.
- An explanation of how consciousness is expressed through form and the resonant effects of vibration on water and our DNA; describing the theoretical & scientific understanding of using sound and crystals for creating lasting change, Prepare to have your mind blown multiple times that evening.

Saturday

- 10:00 -11:30 AM We'll meet in my healing temple to experience lots of instruments, overview of their applications, and enjoy a fun musical exercise to get connected.
- 11:30 - 1:00 lunch
- 1:00 - 3:30 How to listen to sacred sounds, what to listen for, and how to play sacred instruments to achieve various sounds and to use them effectively.
- 3:45 - 4:15 How to easily, visibly measure the human biofield for balance and strength - Demonstrating and developing telekenetic abilities
- 4:30 - 6:00 A useful method for using sound to delete unresourceful feelings
- 6:30 - 9:00 *Optional group dinner at a local restaurant.*

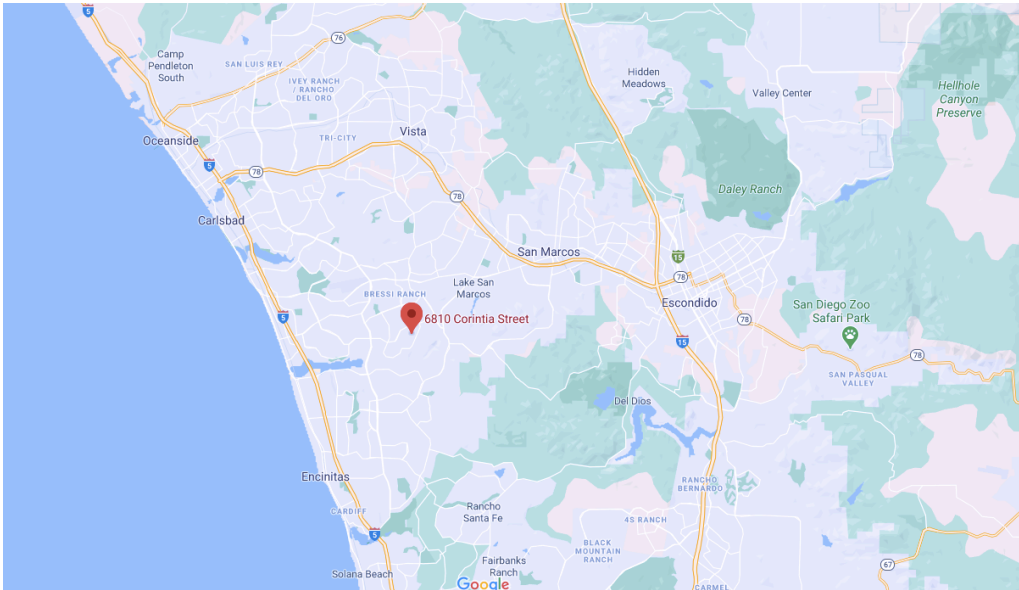
Sunday

- 10:00 - 11:30 AM Scientifically proven methods for clearing and programing crystals. Energetic hygiene - tools for resonating with truth for the highest good - Understanding alternative realms of existence and how to relate with them
- 11:30 - 1:00 lunch
- 1:00 - 2:30 Using crystals to adjust your past and future timelines, delete negative emotions and restore the original soul feelings of life purpose.
- 2:45 - 4:15 Demonstration and discussion of how to create a therapeutic session, based upon each individuals unique talents. Playing with all the instruments in the temple. Questions answered
- 4:30 - 6:00 Concert/group sound meditation experience

John St. Claire La Costa, Ca 92009 760-522-1695 john@lifeattunement.com

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- Each morning begins with a 10 minute group sound exercise to improve listening and activating skills.
- Group size is limited to 8 people.
- Attendees are encouraged to bring their own crystals and instruments
- A variety of instruments and crystals will be available for sale
- Each attendee receives a custom Life Attunement t-shirt
- Cost \$800 payable in 2 installments



Location: San Diego County
La Costa, CA
92009

There are numerous hotels in various price ranges within a 10 mile radius as well as lots of AirBnB rentals.

What people are saying:

- A magical and informative experience.
- I learned how to listen and experience sound with my entire being and beyond.
- A coherent, elegant, credible explanation of how the universe works.
- Practical knowledge and uses for bowls and gongs.
- I recommend this because of how transformational the experience is.
- The last day's never-ending vibrational experience with all of the instruments was very profound and primordial; an exceptional complement to the overall experience.

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To Register

Please pay via Zelle to john@lifeattunement.com
or Venmo to Johnstclair with this QR code.

Please indicate the date in the payment comments.

Dates are: Feb 28- Mar 2, June 20-22, Sep 19-21

Cost is \$800

Lunch is provided both days.

If desired, total amount can be split into 2 payments.

The 1st payment will reserve your spot and

The 2nd payment is due 30 days prior to the event unless
other arrangements are made.

