

To: John St. Claire
From: E. B.
Date: March 30, 2022
Subject: Great Results

Hi John,

I wanted to write to thank you for assistance in realizing great results from your treatment and guidance.

In February 2022 I had open heart surgery to replace my aortic valve and aorta as well as performing a number of procedures to eliminate AFIB. I was under general anesthesia for 6 hours and on a heart-lung machine for most of the time. I visited you for a sound and crystal healing treatment a couple days before this major surgery.

After the surgery I was taken to the ICU. The next day I was transferred to a regular hospital room, was able to get out of bed myself, and walk the halls. My pain level was at a "1" to a "0". I didn't require any major pain medications, only Tylenol.

After 3 more days I was well enough to be released from the hospital. I rested at home and was able to use the bathroom normally and to shower. I got up and walked regularly.

My follow-up exam with the surgeon included a chest X-ray and ECG. He and his nurse were impressed with my rate of healing. They commented that most patients spent 2 weeks to 1 month in bed with considerable pain.

The surgeon released me from further care except for a restriction of lifting no more than 20 pounds. Otherwise I was free to go and rather than the 3 month follow-up he said I didn't need to see him again for 4 months.

I then took 2 days to drive from San Diego to San Francisco without issue. I did the return trip about a week later, again without issue.

Upon my return to San Diego I was functioning so normally I decided to return to the boat which is my home in Baja California. I flew from Tijuana to Loreto a day later and have been on the boat since that time, only 4 weeks after having open heart surgery.

There is no way to accurately quantify the effect of your treatment but my recovery was deemed miraculous by the surgeon, his nurse and other medical professionals.

Thank you again for your assistance and guidance.